

Covid-19 Safe Plan for Host Families

This plan is written for Elite Anglo Chinese Services host families who are hosting students during the Coronavirus outbreak.

This plan is for times when we are asking host families to host students during holiday times, such as exeat weekends, half terms, and long holidays as well as short stays such as suspensions from school or non Covid-19 related illness or injury where the school would like the student to rest outside school.

Schools will be putting many safety measures in place in line with government guidelines and will be extremely vigilant with regards to student well-being and health. Elite will not knowingly place a student with Covid-19 symptoms, or who has received a positive Covid-19 test result, with you.

However, we need to be prepared for the unlikely event that a student presents with symptoms once they have already arrived with our host families. If students start to show symptoms while they are with you, and especially if schools are closed, we may not have an alternative place to house them. This obviously presents an unacceptable safeguarding concern, so we need to make sure our host families are prepared to keep the student in the unlikely event this happens and follow the plan below. For this reason, we can only place students into our host families at this time if the host family has agreed to this plan.

Elite's Covid-19 Safe Plan for Host Families deals with a situation where the school is closed and a student arrives at the Host Family's house with symptoms which were not disclosed previously to Elite or presents with symptoms whilst they are staying with their hosts.

We urge host families to have an individual house plan in place in preparation for family members and for the student falling ill. We ask hosts to explain this plan to their student when they arrive. Host families are also asked to ensure they have sufficient cleaning products, soap, paracetamol, tissues and have a general plan in place following the guidance below.

Host family commitment to continue care

The host family should be happy to keep the student under their care in their home should they themselves, any family members or the student present with symptoms. The host family should then follow the [NHS self isolation advice](#) for themselves and other family members and specifically follow the advice below in relation to Elite Guardianship students.

[Link to UK Gov Guidance](#)

Should any host family members present with symptoms before the arrival of an Elite student, they should disclose this to Gwyn Phillips (DSL) or Eve Leung (Deputy DSL) and we would then make arrangements to accommodate our student elsewhere.

As usual, host families must disclose any other people staying at your house during the student stay which includes friends, family members or other students.



It is absolutely necessary for Elite hosts not to accept a student if they are hosting a student with suspected symptoms, a positive result or if they are quarantining or isolating for another organisation.

If your student presents with possible symptoms of coronavirus infection (COVID-19), however mild, please follow these instructions:

- Inform Elite by calling 01428 648393 or 07772252303 to speak to Gwyn or Evelyn Phillips and if not available then contact Eve Leung at 01865 600288 or 07787 536030. Elite will then take responsibility of communicating with parents and assisting you and offering telephone and email support.

*a PCR test will need to be arranged and Elite will assist you with booking this test via the NHS (further info: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>) or from our own sources.

If your student tests positive on a routine Lateral Flow test while staying with you

Students may also be doing routine LFT testing with their school whilst they are staying with you and students may test positive on a Lateral flow but will be asymptomatic, a positive Lateral Flow is all that is needed and in this case a PCR test does not need to be booked and or ordered and the student should isolate at once. Please follow these instructions:

- Inform Elite by calling 01428 648393 or 07772252303 to speak to Gwyn or Evelyn Phillips and if not available then contact Eve Leung at 01865 600288 OR 07787 536030. Elite will then take responsibility of communicating with parents and assisting you and offering telephone and email support.

Isolation guidance for you and your family if you are hosting a covid-19 positive student

If they need to isolate with you, you should be prepared to follow the guidance as follows;

1. The student should have their own room and own bathroom, either ensuite or one for their exclusive use if at all possible. The room will be well ventilated and have a window that opens.
2. The student should, if possible, be given their meals delivered to their room or given a space away from other members of the family to eat.
3. The student should not leave the household premises for the duration of the quarantine or isolation.
4. The student should be given access to the garden.
5. The student should remain socially distanced (at least 2m apart) from all members of the household and should not socialise with them indoors.
6. The student should be given cleaning and disinfectant to use in their bathroom and should be encouraged to clean it regularly after use.

7. The student will be provided with antibacterial soap and will be encouraged to wash their hands regularly.

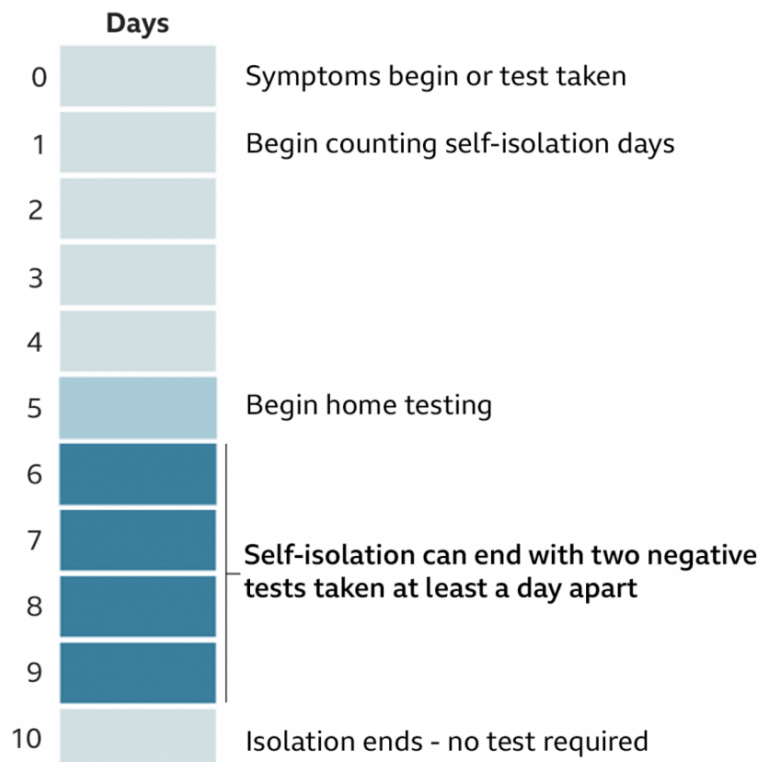
8. The host family will assist the student with taking and posting off tests and will liaise with Elite on progress.

How long is the isolation period?

*If the result of a LFT or PCR test is positive, the student must complete a full isolation period, starting from the day of their first symptoms or the day they took their test. The day symptoms begin or you test positive is day zero. The next day is day one of the isolation period. Government guidance now shows people can leave self-isolation after a further five full days, but only if they take LFT tests, 24 hours apart – and the results of both tests are negative. You can take your first test on day five. If it is negative, you can take another test 24 hours later on day six. Assuming this is also negative – and you do not have a temperature – you can immediately leave isolation on day 6.

If however either of these are positive – self isolation can still end but two negative tests need to be taken at least 24 hours apart on the next consecutive days. If this is not completed by day 10 Isolation ends with no test required.

How five-day isolation rule works in England



Does my family have to isolate?

- If the other adults in the household are double vaccinated, and the person who has tested positive has not been diagnosed with the Omicron strain of Coronavirus, they will not need to complete any isolation,
- children under the age of 18 do not need isolate if anyone else in the household has tested positive for Covid-19. If you live in the same household as someone with COVID-19, you must stay at home and self-isolate if you are not fully vaccinated or if they have been identified as a suspected or confirmed case of the Omicron variant of COVID-19.
- If any adults in the household are not double-vaccinated, they will still need to self-isolate at home for 10 days as per government guidance.
- Regardless of your vaccination status, we advise that you isolate a student with Covid symptoms as completely as possible from anybody else in the household and you may wish to access a PCR test: <https://www.gov.uk/get-coronavirus-test>

*If the result is negative, the student should rest until they are better and seek medical attention if they are concerned about their symptoms, as normal.

*If your student's symptoms worsen during home isolation or are no better after 7 days, contact NHS 111 online. If you have no internet access, call NHS 111. For a medical emergency dial 999

Payment and cancellation terms for Isolation

The normal payment of £45 per day will apply however any additional expenses incurred such as medication, cleaning materials and loss of income if you are required to self-isolate will be compensated for.