

2020-21

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Covid-19 Safe Plan for Host Families

This plan is written for Elite Anglo Chinese Services host families who are hosting students during the Coronavirus outbreak. We can only place students into our host families at this time if the host family has agreed to this plan which deals with a situation where the school is closed and a student arrives at their house with symptoms or presents with symptoms whilst they are there.

If students start to show symptoms while they are with you, and especially if schools are closed, we would not have an alternative place to house them. This obviously presents an unacceptable safeguarding concern so we need to make sure our host families are prepared to keep the student in the unlikely event this happens and follow the plan below.

We urge you to have an individual house plan in place in preparation for you, family members or your student falling ill. Please explain this to your student when they arrive. Please ensure you have sufficient cleaning products, soap, paracetamol, tissues and have a general plan in place following the guidance below.

Host family contingency plan.

The host family should be happy to keep the student under their care in their home should they themselves, any family members or the student present with symptoms. The host family should then follow PHE advice for themselves and other family members and specifically follow the advice below in relation to Elite Guardianship students.

Current PHE advice for adults as updated 17th July is in the following link: [PHE GUIDANCE](#)

Elite students who present with symptoms whilst at the host family

If your student presents with possible symptoms of coronavirus infection (COVID-19), however mild please follow these instructions:

- Inform Elite by calling 01428 648393 or 07772252303 and speak to Gwyn Phillips, (Host Family Coordinator, Safeguarding & Prevent Lead). If Gwyn is not available then ask to speak to Evelyn Phillips (UK Office Manager). If neither are available then call Eve Leung (Director) on 020 81442145 or 07787 536030. Elite will then take responsibility of communicating with parents and assisting you and offering telephone and email support.
- do not permit your student to leave your home for 10 days from when their symptoms started. (this action will help protect others in your community while they are infectious)

When to get a test

If you have coronavirus symptoms, apply as soon as you can.

Do not wait

You need to get the test done in the first 5 days of having symptoms.

Book a visit to a test site to have the test today. Or order a home test kit if you cannot get to a test site.

On days 1 to 4 of your symptoms, you can get tested at a site or at home. If you're ordering a home test kit on day 4, do it by 3pm.

On day 5, you need to go to a test site. It's too late to order a home test kit.

Get a test now

Apply online on GOV.UK. Or call 119 if you have problems using the internet.

Start now on the GOV.UK website

- If the test proves positive for anyone in the household then continue to self-isolate for the 10 days. If the tests are negative, then the period of self-isolation can end.
- plan ahead and ask others for help to ensure that you can successfully stay at home to take care of your student.
- ask your student to stay at least 2 metres (about 3 steps) away from other people in your home if possible
- your student should have a single room available to them should they fall ill
- your student should ideally have their own bathroom to use but if this is not possible, they should be asked to clean the surfaces and toilet each time they use it. Please have cleaning items available to them and show them all these when they first arrive.
- all family members, including your student, should wash their hands regularly for 20 seconds, each time using soap and water, or use hand sanitiser
- you should ask your student to stay away from vulnerable individuals, such as the elderly and those with underlying health conditions, as much as possible

you do not need to call NHS 111 to place a student into isolation. For a medical emergency dial 999

Gwyn Phillips

Host Family Coordinator
Safeguarding & Prevent Lead

